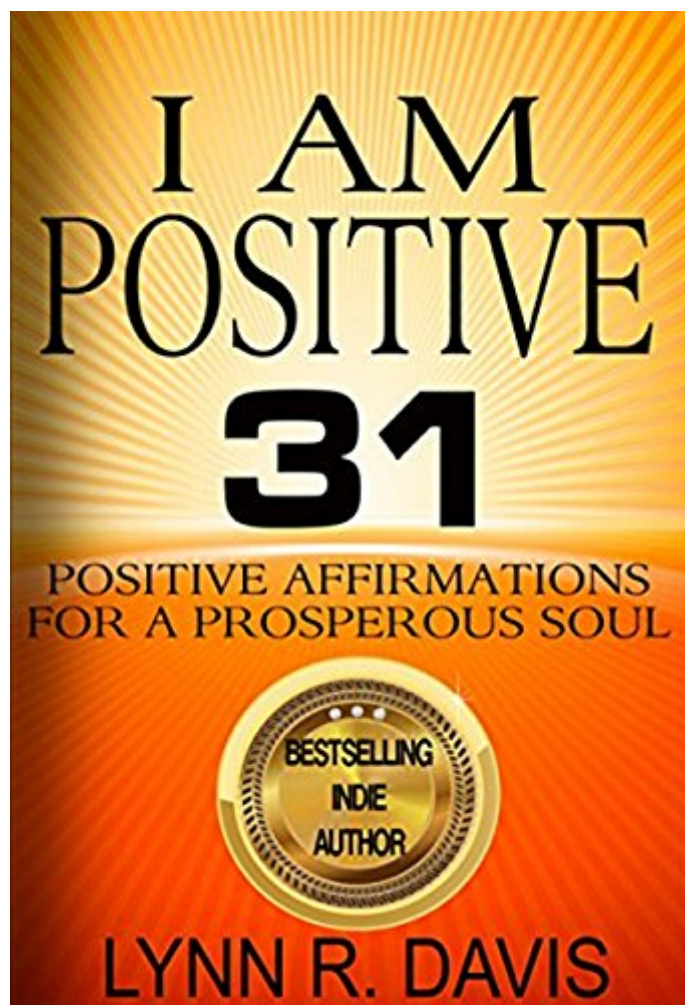


The book was found

I Am Positive: 31 Daily Positive Affirmations For A Positive Soul



Synopsis

Positive affirmations are spiritual tools. They're great to use as stress management techniques as well as healing affirmations. Affirmations can also help manage and lower anxiety. his inspirational self help book can be used for morning devotions or daily positive mantras. It is a guide designed to compliment the Negative Self Talk Series. But can definitely stand on its own. It will provide examples of daily declarations that you can change to fit your situation. Each declaration is followed by a short inspirational message. Use this book as a bible study, alone or with a group of your closest friends. Encourage the habit positive self talk. Lets allow our light to shine before men so that others will see our good works and glorify the Father in heaven (Matthew 5:16). Let's get delivered from negative thinking so that we can be a light in the world of darkness.

Book Information

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Customer Reviews

I have read Joyce Meyers Power Thoughts Devotional, and Joel Osteens I Declare and this little .99

ebook outshines them all! Lynn R Davis GETS IT! This book has 31 Scripturally Based Affirmations that can be used over and over and over again to retrain the mind and heart. Repentance simply means to "change your mind"

Lynn wants us to know that God given individuals the right to control, command, and determine the condition of their life. That anointing will intercede and positively encounter the lives of people around us. It is time for us to stop undermining our own authority with those negative words, attitudes and actions. We need to walk by the spirit, talk by the spirit and live by the spirit. We should allow the mind that is in Jesus Christ also be in us. Allow the Gospel of Jesus Christ penetrate our heart, mind and soul. We need to meditate on the Word of God daily. It is time for us to renew our mind and allow the power of God in us to be the energetic enforcement in our Christian life. That Holy-ghost power will gives us the authority to change our mind, empower our words and change our lives for the better. Please get this book for yourself and people who you care about that need to speak Faith into their lives. I am planning to read this book again and again to let it sauteed in my mind. This book will also help you to change your circle or surroundings.

Some of this comes off as a person who has been brainwashed. If you don't have a solid foundation of trust and belief, you might have a hard time with accepting the self-defined attitude of positive assertion. Applying each daily directive as it applies to lessons learned from the bible helped me realize how to apply them to me. This is not a devotional, it is a way to effect change in how you view your own efforts to live a positive life and not spend your time beating up yourself when you make mistakes.

As a young Millennial, I always seek out uplifting messages to read in a world filled with negativity. This book caught my eye and I decided to purchase it because who doesn't love to be inspired. What a great decision I made! It buoyed my mental and spiritual resolve to succeed in life to a great degree. I think it can do the same for you if you give it a chance.

The book can probably be summarized in the followed statement from the

Introduction: "Now more than ever, we must stand firm. The world is trembling. But we are not. We have a solid rock upon which we stand. That rock is Jesus. We trust Him with our whole hearts. The world needs us. They are drifting aimlessly without direction. Unsure who to trust. But we know. Our trust is in the Lord who made the heavens and the earth. Be

a positive Christian. Choose to believe. Stand if you have to stand alone. A steadfast, unmovable believer who is rooted in the word-certain of its power. Let's show our family and friends what faith is. Let's teach them how to trust God and believe His word. If it was published in a "shirt-pocket" format, about 3 X 4.5 or so, this book would be useful as a quick inspirational tool, to be used occasionally during a person's busy day. Glance at one or two statements as a reminder to think and speak in a positive manner, to take on each challenge with an attitude of faith, to be positive in the face of the inevitable negative encounters a person will have on a regular basis. It would be useful for a quick, pick-me-up message on an I-Phone or tablet. This is not so much a deep and profound essay, as it is a quick, self-help style tool that would be valuable for any person who already has a faith system on which to rely. The book might not speak as helpfully to someone who makes no claim on religious faith in the Christian tradition. Davis, Lynn R (2014-09-12). I Am Positive!: 31 Positive Self Talk Declarations to Speak Faith Over Your Life (Negative Self Talk) . Lynn R Davis. Kindle Edition.

This book has been so inspiring to me and has helped to truly keep me positive. What I like so much about this book is there are 31 positive affirmations. After the affirmations, there is a mini sermon teaching and at the end of this, there are several Bible meditations to re-enforce the teaching. For me, this is one of the best mini books regarding positive self talk! Highly recommend this book, it has helped me, I think that it may be of help to you.

As true to form for Lynn R Davis, this book is amazing! It has helped me on my journey to get rid of negative patterns. As we get stuck in self destructive patterns without even realizing it. All of Lynn R Davis books are great for helping me recognize these traits and break the cycle for myself and those around me. I would HIGHLY recommend ALL of her books as a must read. I love how she backs up everything with Scripture! Very much a blessing to me. Susan Creek , West Monroe, La.

Offers a healthy balance of spiritual and positive messages/affirmations to help combat the negatives each can face. I really enjoyed the book; however, there are a few typos in the book. However, that does not take away from the overall message of the book. These affirmations would be good to incorporate into a daily practice.

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